

Chapter Five Gifts

The gifts you'll find below will help you to get even more out of this chapter. Reviewing the Spiritual Leadership Axioms from this chapter will help you better understand, remember and apply them in your life and leadership. Whether you are more in a Lazy River Rider mood, or tending toward Snorkeler or even Deep Diver, it's great to read through each. Then you can choose which is the best fit for you and get right into the exercises and opportunities to grow.

SPIRITUAL LEADERSHIP AXIOMS

- Transformation and Return Value Require Investment – Otherwise, When the Going Gets Tough, Even the Tough Run Away
- When We Leave the Familiar, the Possibility of Transformation Sharply Increases
- If Our Immediate Reaction to Feedback Is Anger or Denial, Something Valuable Is in It for Us
- To Learn, We Must Be an Empty Cup

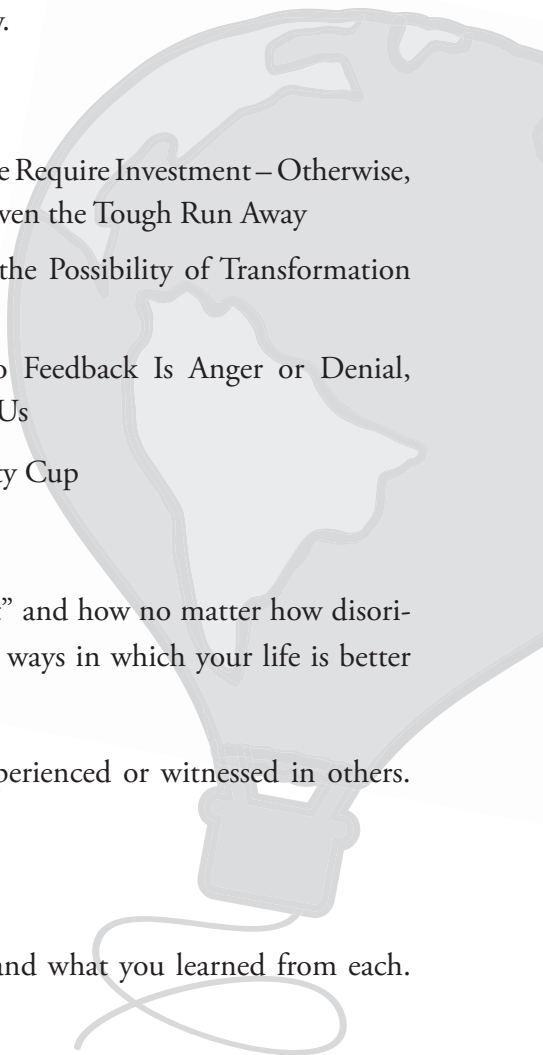
LAZY RIVER RIDERS

Reflect upon times you've "fallen apart" and how no matter how disorienting or scary it was at the time, the ways in which your life is better now for the experience.

Consider what breakdowns you've experienced or witnessed in others. What was lost and what was gained?

SNORKELERS

Make a list of times you "fell apart" and what you learned from each. Write in your journal.



DEEP DIVERS

Find something you value, something that reminds you of a previous time, and give it away. Do it both as a gift to someone you care about and as a symbol to yourself that you are always evolving, and so, your past does not define you today or tomorrow.

Write in your journal about a time you or something in your life, “broke down.” What was the experience for you at the moment? What did you learn? In what ways are you lighter, wiser, and your life better as a result? What was your breakthrough?

Inspired now? No need to wait. If you're feeling it, now's the time to act. Go to TheArtOfSpiritualLeadership.com/Presents for reader's only inspired bonus material, to discover your unique Spiritual Entrepreneur Style or to schedule a complimentary strategy session with Daniel now.